

Wayside Athletic Club Indoor Pool Schedule				November 26, 2018 - February 17, 2019									
Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
5:30-8:00AM		5:30-8:00AM		5:30-8:00AM		5:30-8:00AM		5:30-8:00AM					
Lap Swimming	5 lanes	Lap Swimming	5 lanes	Lap Swimming	5 lanes	Lap Swimming	5 lanes	Lap Swimming	5 lanes	6:45-8:00AM		6:45-9:00AM	
										Lap Swimming	5 lanes		
												Lap Swimming	3-4 lanes
8:00-9:00AM		8:00-9:00AM		8:00-9:00AM		8:00-9:00AM		8:00-9:00AM		8:00-9:00AM		Private lessons 1-2 lanes	
Water Fitness	2-3 lanes	Water Fitness	2-3 lanes	Water Fitness	2-3 lanes	Water Fitness	2-3 lanes	Water Fitness	2-3 lanes	Water Fitness	2-3 lanes		
Lap Swimming	2-3 lanes	Lap Swimming	2-3 lanes	Lap Swimming	2-3 lanes	Lap Swimming	2-3 lanes	Lap Swimming	2-3 lanes	Lap Swimming	2-3 lanes		
9:00-10:00AM		9:00-10:00AM		9:00-10:00AM		9:00-10:00AM		9:00-10:00AM		9:00-1:00PM		9:00-1:00PM	
Water Fitness	2-3 lanes	Water Fitness	2-3 lanes	Water Fitness	2-3 lanes	Water Fitness	2-3 lanes	Water Fitness	2-3 lanes				
Lap Swimming	2-3 lanes	Lap Swimming	2-3 lanes	Lap Swimming	2-3 lanes	Lap Swimming	2-3 lanes	Lap Swimming	2-3 lanes	Youth Swim Lessons	3 lanes	Youth Swim Lessons	3 lanes
10AM-12PM		10:00AM-12:00PM		10:00AM-12:00PM		10:00-12:00PM		10:00-10:30AM		Lap Swimming		Lap Swimming 2 lanes	
Family Swim	2 lanes	Family Swim	2 lanes	Family Swim	2 lanes	Preschool Swim Lessons		Private Group Swimming	2 lanes				
Lap Swimming	3 lanes	Lap Swimming	3 lanes	Lap Swimming	3 lanes	& Family Swim	2 lanes	10:30-12:00PM					
						Lap Swimming	3 lanes	Preschool Swim	2 lanes				
								Lap Swimming	3 lanes				
12:00-1:00PM		12:00-1:00PM		12:00-1:00PM		12:00-1:00PM		12:00-1:00PM					
All Adult Lap Swim	5 lanes	All Adult Lap Swim	5 lanes	All Adult Lap Swim	5 lanes	All Adult Lap Swim	5 lanes	All Adult Lap Swim	5 lanes				
1:00-1:30PM		1:00-3:45PM		1:00-4:00PM		1:00-3:45PM		1:00-4:00PM		1:00-4:00PM		1:00-4:00PM	
Private Group Lessons	2 lanes	Private Lessons (until 3PM)	1 lane			Private Lessons (until 3PM)	1 lane	Private Group 1-1:30	2 lanes				
Lap Swimming	3 lanes	Lap Swimming	2 lanes	Lap swimming	3 lanes	Lap swimming	2 lanes	Private Lessons (until 3PM)	1 lane	Lap Swimming	3 lanes	Lap Swimming	3 lanes
1:30-4:00PM		Family Swim 2 lanes		Family Swim 2 lanes		Family Swim 2 lanes		Lap swimming 2 lanes		Family Swim 2 lanes		Family Swim 2 lanes	
Private Lessons (until 3pm)	1 lane							Family Swim (share w group)	2 lanes				
Lap Swimming	2-3 lanes												
Family Swim	2 lanes	3:45-4:45PM		3:45-4:45PM		3:45-4:45PM							
4:00-5:00PM		AMSA HS Swim Team 5 lanes		4:00-5:00PM		AMSA HS Swim Team 5 lanes		4:00-5:00PM					
Nashoba HS Swim Team	5 lanes	No Lap Swimming		Nashoba HS Swim Team 5 lanes		No Lap Swimming		AMSA HS Swim Team 5 lanes		4:00-5:45PM		4:00-5:45PM	
No Lap Swimming		4:45-6:00PM		No Lap Swimming		4:45-6:00PM		No Lap Swimming					
5:00-6:00PM		Youth Swim Lessons 2-3 lanes		5:00-6:00PM		Youth Swim Lessons 2-3 lanes		5:00-6:00PM		All Adult Lap Swimmir 5 lanes		All Adult Lap Swimmir 5 lanes	
Water Fitness	2-3 lanes	Lap Swimming	2-3 lanes	Lap Swimming	3 lanes	Lap Swimming	2-3 lanes	Lap Swimming	3 lanes				
Lap Swimming	2-3 lanes			Family Swim	2 lanes			Family Swim	2 lanes				
6:00-7:00PM		6:00-7:00PM		6:00-7:00PM		6:00-7:00PM		6:00-7:00PM					
Swim Team	4 lanes	Water Fitness	2-3 lanes	Swim Team	4 lanes	Adult Swim Lessons	2 lanes	Water Fitness	2-3 lanes				
Lap Swimming	1 lane	Lap Swimming	2-3 lanes	Lap Swimming	1 lane	Swim Team	3 lanes	YMCA Swim Team	2 lanes				
7:00-8:30PM		7:00-8:30PM		7:00-8:30PM		7:00-8:30PM		No Lap Swimming					
Swim Team	5 lanes	Adult Swim Lessons	1 lane	Swim Team	5 lanes	Swim Team	5 lanes	7:00-8:45PM		**** All Adult Lap Swimming open only to those 18 and older****			
No Lap Swimming		Family Swim 2 lanes		No Lap Swimming		No Lap Swimming		YMCA Swim Team 3 lanes					
8:30-9:45PM		Lap Swimming 2 lanes		8:30-9:45PM		8:30-9:45PM		Lap Swimming 2 lanes					
Lap Swimming	5 lanes	8:30-9:45PM		Lap Swimming 5 lanes		Lap Swimming 5 lanes							
		Lap Swimming 5 lanes											