

Indoor Pool Schedule				December 1-7, 2025									
Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
5:30am-12:00pm		5:30-11:00am		5:30-8:00am		5:30-11:00am		5:30-8:00am		7:00-8:00am		7:00-8:30am	
Lap Swimming	5 lanes	Lap Swimming	5 lanes	Lap Swimming	5 lanes	Lap Swimming	5 lanes	Lap Swimming	5 lanes	Lap Swimming	5 lanes	Lap Swimming	5 lanes
		11:00am-12:00pm		8:00-9:00am		11:00am-12:00pm		8:00-9:00am		8:00-9:00am		8:30-9:30am	
		Water Fitness	3 lanes	Water Fitness	2 lanes	Water Fitness	3 lanes	Water Fitness	2 lanes	Water Fitness	4 lanes	Swim Lessons	3 lanes
		Lap Swimming	2 lanes	Lap Swimming	3 lanes	Lap Swimming	2 lanes	Lap Swimming	3 lanes	Lap Swimming	1 lane	Lap Swimming	2 lanes
				9:00am-12:00pm				9:00am-12:00pm		9:00am-1:00pm		9:30-12:30pm	
				Lap Swimming	5 lanes			Lap Swimming	5 lanes	Swim Lessons	2 lanes	Swim Lessons	3 lanes
										Lap Swimming	3 lanes	Lap Swimming	2 lanes
12:00-3:00pm		12:00-3:00pm		12:00-3:00pm		12:00-3:00pm		12:00-3:00pm		1:00-2:00pm			
Lap Swimming	5 lanes	Lap Swimming	5 lanes	Lap Swimming	5 lanes	Lap Swimming	5 lanes	Lap Swimming	5 lanes	Lap Swimming	5 lanes		
3:00-400pm		3:00-4:30pm		3:00-4:30pm		3:00-4:00pm		3:00-4:30pm		2:00-4:30pm		12:30-3:30pm	
Nashoba HS Swim team	3 lanes	Nashoba HS Swim team	3 lanes	Nashoba HS Swim team	3 lanes	Nashoba HS Swim team	3 lanes	Nashoba HS Swim team	3 lanes	British School	2 lanes	Swim Lessons	1 lane
Lap Swimming	2 lanes	Lap Swimming	2 lanes	Lap Swimming	2 lanes	Swim Lesson / Lap Swimming	1 lane / 1 lane	Lap Swimming	2 lanes	Lap Swimming	3 lanes	Lap Swimming	4 lanes
4:00-5:00pm		4:30-5:00pm		4:30-5:00pm		4:00-5:00pm		4:30-5:00pm				3:30-4:30pm	
Nashoba HS Swim team	3 lanes	Nashoba HS Swim team	3 lanes	Nashoba HS Swim team	3 lanes	Nashoba HS Swim team	3 lanes	Nashoba HS Swim team	3 lanes			Waves Swim Team	
Swim Lessons	2 lanes	Swim Lessons	2 lanes	Swim Lessons	2 lanes	Lap Swimming	2 lanes	Swim Lessons	2 lanes			No Lap Swimming	
5:00-6:00pm		5:00-6:00pm		5:00-6:00pm		5:00-6:00pm		5:00-6:30pm					
Water Fitness	3 lanes	Swim Lessons	4 lanes	Swim Lessons	4 lanes	Water Fitness	3 lanes	Swim Lessons	2 lanes	Pool Closes		Pool Closes	
Swim Lessons	2 lanes	Lap Swimming	1 lane	Lap Swimming	1 lane	Lap Swimming	2 lanes	Lap Swimming	3 lanes	@ 4:30pm		@ 4:30pm	
6:00-8:30pm		6:00-8:30pm		6:00-8:30pm		6:00-8:30pm		6:30-8:00pm		**** All Lap Swimming is by reservation			
Waves Swim Team		Waves Swim Team		Waves Swim Team		Waves Swim Team		Lap Swimming	5 lanes	only through the App			
No Lap Swimming		No Lap Swimming		No Lap Swimming		No Lap Swimming				and is for those 14 and older only			
Pool Closes		Pool Closes		Pool Closes		Pool Closes		Pool Closes		Unless preapproved by			
@ 8:30pm		@ 8:30pm		@ 8:30pm		@ 8:30pm		@ 8:00pm		Aquatic Director ****			