

Indoor Pool Schedule					January 26 - February 1, 2026								
Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
		5:30-11:00am		5:30-8:00am		9:00-11:00an		5:30-8:00am		7:00-8:00am		7:00-8:00am	
		Lap Swimming	5 lanes	Lap Swimming	5 lanes	Lap Swimming	5 lanes	Lap Swimming	5 lanes	Lap Swimming	5 lanes	Lap Swimming	5 lanes
		11:00am-12:00pm		8:00-9:00am		11:00am-12:00pm		8:00-9:00am		8:00-9:00am		8:00-12:30pm	
		Water Fitness	3 lanes	Water Fitness	3 lanes	Water Fitness	3 lanes	Water Fitness	2 lanes	Water Fitness	3 lanes	Swim Lessons	3 lanes
		Lap Swimming	2 lanes	Lap Swimming	2 lanes	Lap Swimming	2 lanes	Lap Swimming	3 lanes	Lap Swimming	2 lanes	Lap Swimming	2 lanes
				9:00am-12:00pm				9:00am-12:00pm		9:00am-12:30pm		12:30-1:30pm	
				Lap Swimming	5 lanes			Lap Swimming	5 lanes	Swim Lessons	2 lanes	Swim Lesson	1 lane
										Lap Swimming	3 lanes	Lap Swimming	4 lanes
12:00-5:00pm		12:00-3:00pm		12:00-3:00pm		12:00-2:00pm		12:00-3:00pm					
Lap Swimming	5 lanes	Lap Swimming	5 lanes	Lap Swimming	5 lanes	Lap Swimming	5 lanes	Lap Swimming	5 lanes				
		3:00-4:30pm		3:00-4:30pm		3:00-4:00pm		3:00-4:30pm				1:30-3:30pm	
		Lap Swimming	5 lanes	Nashoba HS Swim	3 lanes	Lap Swimming	4 lanes	Nashoba HS Swim	3 lanes			Lap Swimming	5 lanes
				Lap Swimming	2 lanes	Swim Lesson	1 lane	Lap Swimming	2 lanes				
		4:30-5:00pm		4:30-5:00pm		4:00-5:00pm		4:30-6:30pm		12:30-4:30pm		3:30-5:30pm	
		Swim Lessons	1 lane	Swim Lessons	2 lanes	Lap Swimming	5 lanes	Swim Lessons	2 lanes	Lifeguard Recer	3 lanes	Waves Swim Team	
		Lap Swimming	4 lanes	Lap Swimming	3 lanes			Lap Swimming	3 lanes	Swim Lesson	1 lane	No Lap Swimming	
5:00-6:00pm		5:00-6:00pm		5:00-6:00pm		5:00-6:00pm				Lap Swimming	1 lane		
Lap Swimming	5 lanes	Swim Lessons	3 lanes	Swim Lessons	4 lanes	Swim Lesson	1 lane			Pool Closes		Pool Closes	
		Lap Swimming	2 lanes	Lap Swimming	1 lane	Lap Swimming	4 lanes			@ 4:30pm		@ 4:30pm	
6:00-8:30pm		6:00-8:30pm		6:00-8:30pm		6:00-8:30pm		6:30-8:00pm		**** All Lap Swimming is by reservation			
Lap Swimming	5 lanes	Waves Swim Team		Waves Swim Team		Waves Swim Team		Lap Swimming	5 lanes	only through the App			
		No Lap Swimming		No Lap Swimming		No Lap Swimming				and is for those 14 and older only			
Pool Closes		Pool Closes		Pool Closes		Pool Closes		Pool Closes		Unless preapproved by			
@ 8:30pm		@ 8:30pm		@ 8:30pm		@ 8:30pm		@ 8:00pm		Aquatic Director ****			